

Barkai Chorus

Reflective Questions

Tell me more about that
What do you mean by _____?
Can you put that into other words?
What do you mean by that?
Can you be more specific?
How so?
In what way?
That's helpful, keep going...
Hmmm, hmmmmm...
How did you (or X) feel in that situation?



Future-oriented questions to ask...

What could X do to help you solve this problem?
What can you do to help solve this problem?
What do you think will happen if you can't negotiate a solution?
How do you want things to be between the two of you?
Is what you're talking about now helpful in reaching a solution?
Put yourself in X's shoes. How do you think s/he is feeling right now?
If X were to do A, what would you be willing to do?