

THE OHIO STATE UNIVERSITY
SUICIDE PREVENTION PROGRAM

REACH®



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What is REACH[®]?

REACH[®] is Ohio State University's Suicide Prevention Training Program designed to help the Ohio State Community prevent suicide by teaching faculty, staff and students how to:

Recognize warning signs

Engage with empathy

Ask directly about suicide

Communicate hope

Help suicide individuals access care and treatment

Who will you REACH[®] out to?

Anyone can help prevent suicide by learning the risks, warning signs and how to intervene. The training lasts 90 minutes, following which participants receive certificates verifying their completion of the program.

Request a Training

Visit suicideprevention.osu.edu/reach to request a group training or register for an open REACH[®] training.

Contact Us

**The Ohio State University
Suicide Prevention Program**
PAES Building, Rm A424
305 Annie & John Glenn Avenue
Columbus, OH 43210
614-688-5829

General questions
suicideprevention@osu.edu

REACH[®] questions
reach@osu.edu

For Crisis Help

**Student Life's Counseling
and Consultation Service**
614-292-5766

**24-hour Suicide and
Crisis Lifeline**
Call/text 988 / 800-273-8255

Crisis Text Line
Text 4HOPE to 741741